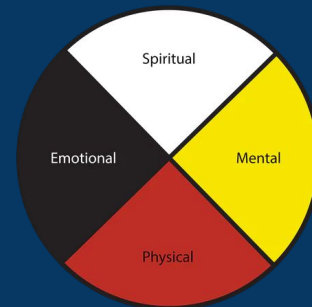




Monday, May 29
Day 5

The Simcoe County District School Board acknowledges that we are situated on the traditional land of the Anishnaabeg people. We acknowledge the enduring presence of First Nations, Metis and Inuit people on this land and are committed to moving forward in the spirit of reconciliation and respect. Stayner is part of Treaty 18. Nottawasaga Purchase, signed on October 17, 1818.



Please stand for the singing of O Canada



School Oath



Today I have an obligation.

No longer will I be silent if you need help.

Silence is participation.

I refuse to participate in the problem.

We are all different, but we all deserve respect.

If you need help, come to me.

If I think you need help, I'm getting involved.

I've got your back.

Good morning, Wolfpack!

What a great week it was last week! We had so many wonderful things happening in our school! From track and field to class trips, we saw greatness all around.

Students, as we head into the last few days of May and enter into June, we really want you to take a moment to recognize the staff in the building. The last few weeks of this school year are filled with adventure and fun. This is thanks to all of the adults that have taken time to organize and plan these events for you.























Staff, we truly appreciate all you do!





May

- 1 Beltane
Wicca
- 2 Twelfth Day of Ridvan
Bahá'í
- 5 Buddha's Birth Date
Buddhism
- 5 Visak/Buddha Day
Buddhism
- 22 Victoria Day
Canadian Holiday
- 23 Zarathosht-no-diso (SC)
Zoroastrianism
- 24 Declaration of the Báb
Bahá'í
- 25-27 Shavuot
Judaism
- 28 Pentecost
Christianity
- 29 Ascension of Bahá'u'lláh
Bahá'í

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 	2	3 	4 	5  	6
Tim Hortons Smile Cookie Campaign, Education Week and Mental Health Week						
7	8 	9	10 Basket Items Due 	11 	12 Walk or Wheel to School  	13
14	15 	16	17 Family Wellness Night 	18 	19  	20
21	22 Holiday	23	24 Jr. Track & Field Welcome to K 	25 	26  	27
28	29 	30	31 	Plaid Day		
Grade 6 EQAO						

BOGGLE CHALLENGE FOR THE WEEK

As a class, work together to come up with as many words as you can using the letters in the grid. (Letters do not need to touch but you can only use the letter once in a single word).

Write down all of the words your class can spell. Give each word 1 point. If a word

a	i	b	u	m
n	d	r	k	t
t	l	e	c	q
p	h	o	s	f
r	u	g	w	y



KINDNESS CLUB

There will not be a Kindness Club meeting this week. However, when you have a moment draw a picture and write about what kindness means to you. Bring your work to Mrs. Harrison to see!



At CMES we are always striving to reflect all voices, perspectives and experiences. The Skittle Squad is an inclusive group that supports 2S-LGBTQAIP+ individuals and allies.

This club for is a welcoming space for students and staff to work towards raising awareness and equality for all individuals.


**We meet on Wednesdays
At 12:30 pm in Room 125
Bring your lunch!**



National AccessAbility Week / Red Shirt Day of Action

The week of Monday, May 29 to Friday, June 2 is designated as National AccessAbility Week. This week provides an opportunity to celebrate the valuable contributions and leadership of persons with disabilities, with the ultimate goal of creating a more inclusive and accessible world for people of all abilities. **Wednesday, May 31 is recognized as Red Shirt Day of Action** where SCDSB students and staff are encouraged to wear red shirts. Doing so demonstrates solidarity and a commitment to reducing stigma and attitudinal barriers towards those with disabilities.





THURSDA
Y is Plaid
Day!

**Do you ride a bike to school?
This is “Bike To School Week”.**

**If you are able, ride your bike
to school this week.**

**How many bikes do you think
are locked up? We will count
them each day and let’s try
and increase the number of
bikes each day!**



Monday:

Tuesday:

Wednesday:

Thursday:

**No School on Friday as it
is a PA Day!**

Enjoy your long weekend!

#HelloYELLOW Mondays



PAUSE

P

Power Hug

Firm pressure is great for grounding. As you are able, place your left hand on the right shoulder and right hand on your left shoulder then hold.

Squeeze into a gentle hug. You can also try saying an affirmation while doing this exercise.

I am doing my best

I choose to love myself today

I am worthy



School
Mental Health
Ontario

Santé mentale
en milieu scolaire
Ontario

: #we'vegotyourback #TEAMWOLFPACK

Primary RAKTivist's ideas for us to be kind at CMES.

Make sure people safe

Include everyone

Use people's names

Ask how people are doing



Help others

Give space

Play with others

Stick up for others

Make people laugh

Care about others

RECESS REMINDERS FROM THE OFFICE...



Some important recess reminders for our Wolfpack...

You can play with friends in ways that are safe and fun. That means you can keep your hands and feet to yourself.

You can be creative with games you play and remember to keep them fair and inclusive.

When we do this we can all have a fun recess where everyone feels safe and respected.

Work together because #We'veGotYourBack

A decorative graphic in the top-left corner featuring a yellow speech bubble with the word 'SHOUT' in bold, dark blue letters. Below it is a light blue speech bubble with the word 'OUTS' in bold, dark blue letters. The background is dark blue with several yellow and light blue stars scattered around the speech bubbles.

SHOUT

OUTS

To our Grade 6s who begin EQAO today, we wish you good luck and know you will rock it!

To Bonnie Anderson for returning today to work with our classes on nature journaling!

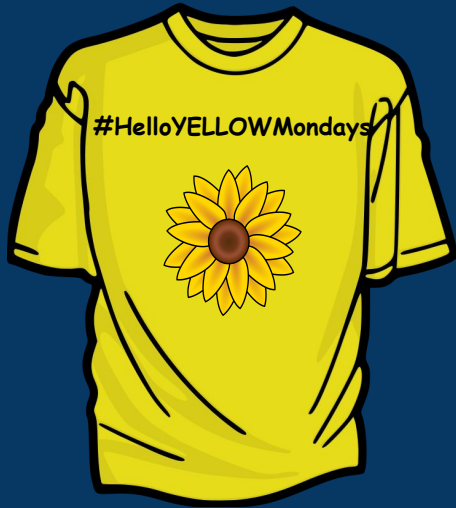
Mindful Moment

Visit the virtual calming room and choose a calming music or video.



Wear yellow on Mondays

#HelloYELLOWMondays
Whatever you're going through, we are here to listen and help.
#childrensmentalhealth



Wear Pink Wednesdays

We encourage you all to wear pink on Wednesdays to show that you take a stand against bullying!



Spirit Day Fridays!

Every Friday, make sure to rock our school colours! Please send your pictures to your classroom teachers or share on twitter and tag @CMESWolfpackVP



OKAY
Monday
LET'S DO
Awesome
THINGS